

# Schools Connect – Cultural Learning Project Call out for schools:

MK Cultural Education Partnership (MKCEP) seeks ten Milton Keynes primary schools to participate in a creative and cultural training programme for teachers which focuses on mental health and wellbeing in the classroom.

Building on the impact of the MKCEP arts and mental health project, <u>You, Me, Together</u> (Jan 18), we are working with <u>Artis</u> to deliver a CPD programme for teachers. Artis has been working for 13 years in schools across the country, to help boost achievement, improve speaking & listening skills, and build confidence and self-esteem in young people. The Artis approach is about integrating high-quality performing arts – music, drama and dance – into the classroom. Their highly trained arts educators, known as Artis Specialists, work in schools across the country. Artis is an arts education company helping 50,000 children a week by integrating the arts throughout their learning.

Artis will work with twenty teachers from ten schools and ten arts organisations/practitioners to address health and wellbeing through creative projects.

Up to two teachers from each of the ten schools will benefit from:

- Mentoring by 'Artis Mentors'
- Co-development and supported delivery of creative projects around mental health and wellbeing in schools
- CPD in creative approaches for the classroom
- Opportunities to build working relationships with arts organisations
- Arts Award advisor training
- Delivery of Arts Award Discover.

### **Creative Experience**

Each school will be invited to select a class/group of students to participate (groups of c30 students). Artis has specially devised a programme around mental health and wellbeing designed to provide children with a safe space to explore their feelings and use the performing arts to express themselves creatively.

The programme stimulates children's confidence and teamwork skills. Over the course of 6 weeks, the workshops will provide students with activities in music, movement and drama that will allow them to express themselves and identify their feelings (including feelings in the body), and how to share their feelings with others and ask for help.

Students will be given opportunities to collect stories, share words, feelings and perceptions relating to building resilience and wellbeing through activities and performances.

Each school/class will receive:

- 6 weeks programme of creative sessions (each primary school will receive half day workshops for 6 weeks)
- 6 weeks of teacher training in creative approaches in the classroom and supporting mental health and wellbeing
- Opportunity for students to complete Discover Arts Award
- Opportunity for teachers to take part in Arts Award Advisor training
- Artsmark registration and begin journey, developing relationships with local arts and cultural organisations
- An invitation to join the CEP network, share project learning with other schools and contribute to the strengthening of arts and educational leadership within Milton Keynes

### Delivery

We have applied to the Artswork Schools Connect programme for the funding for this project. They require formal sign up from the ten schools to be submitted as part of the bid. So far we have three schools signed up, and if we can get 10, will be able to go ahead with the project with delivery in schools beginning in the Spring 2019 term.

# Eligibility

Schools must be:



- Primary Schools
- Able to nominate two teachers to take part in the mentoring programme
- Able to nominate a class (c30 students) to take part in cultural education and Arts Award Discover
- Have an interest or focus on wellbeing
- Currently not registered for Artsmark, but able to commit to registration (or re-registration) for Artsmark as part of this programme, contributing £500 required for registration from their own budgets.

## **Project Budget**

All costs to carry out this work are covered including the planning, workshop delivery, filming and editing costs which equate to around £2,750 per school taking part. In return, each school is asked to invest £500 in beginning their Artsmark journey, to ensure sustainability of their work with arts and culture. In addition, for Arts Award Advisor training there is an optional cost of £150. Priority will be given to schools that can make this commitment

## How to Apply

Please email Lallie Davis, AHA-MK Programme Manager at <u>aha-mk@milton-keynes.gov.uk</u> with a short Expression of Interest (max.1 side of A4) outlining:

- How this opportunity would benefit your school and pupils
- How this project would complement your existing health and wellbeing strategy

Please include in your EOI your schools commitment to Artsmark, current Arts Award delivery, any project expectations, your preferred artform/art provider (if known), proposed year group and Key Stage.

**Deadline for Expression of Interest:** 5<sup>th</sup> November 2018, 9am.